

2023 Bridging the Gap in Pediatric Mental Health Care

In-Person CME Conference April 28, 2023

CME CREDIT ATTESTATION

How do participants receive CME credit?

1. This course will be held in person at the OSU-CHS A.R. and Marlouise Tandy Medical Academic Building Floor 4 on April 28, 2023 from 9:00am - 5:00pm.
2. Upon arrival, you will sign in on the paper sign-in sheets provided at the registration tables.
3. Complete optional evaluation under My CME and then Evaluations and Certificates.
4. Credits will be available on your transcript.

RELEVANT DISCLOSURES

No content controllers have any relevant relationships, except the following individual:

Committee Member: Colony Fugate, D.O.

Companies: Pfizer (any division), Sanofi S.A. (any division), Astellas (any division), Affinivax/Astellas/GSK

Relationship: Site PI

PLANNING COMMITTEE

Tessa Chesher, D.O.
Course Director

Colony Fugate, D.O.
Course Co-Director

Sara Coffey, D.O.
Committee Member

Shawna Duncan, D.O.
Committee Member

Renee Mixon, B.A.
Committee Member

Terri Reed, D.O.
Committee Member

Ashley Groom M.S.
Continuing Medical Education
Director

Jade Byron, B.S.A.G.
Continuing Medical Education
Coordinator

QUESTIONS TO SPEAKERS

You may ask questions to any of our speakers regarding their presentations by emailing us to osu.cme@okstate.edu.

Any questions will be answered within one week.



2023 Bridging the Gap in Pediatric Mental Health Care

April 28, 2023 | In - Person | osu.cloud-cme.com

Conference Agenda

Friday April 28, 2023

8:30 am - 9:00 am Breakfast & Registration Check-In	
9:00 am - 10:00 am Expanding Access to Mental Health Care: Child Psychiatry Access Programs Seema Shah, MD	1:15 pm - 2:15 pm Substance Use Disorders: Short Brief Intervention & Referral to Treatment Trevor Anderson, MD
10:00 am - 11:00 am Creating Behavioral Health Systems in a Developmental Desert Barbara S Saunders, DO, FAAP	2:15 pm - 3:15 pm Understanding the Pediatric Mental Health Crisis in Rural Oklahoma Sara Coffey, DO Marjorie A Erdmann, PhD
11:00 am - 11:15 am Break	3:15 pm - 3:45 pm Break
11:15 am - 12:15 pm Panel 1: Working Together to Bridge the Gap Swapna Deshpande, MD Barbara S Saunders, DO, FAAP Seema Shah, MD Eve H Switzer, MD, FAAP	3:45 pm - 4:45 pm Panel 2: Spreading the Word Trevor Anderson, MD Sara Coffey, DO Marjorie A Erdmann, PhD
12:15 pm - 1:15 pm Lunch Break Lunch Provided	4:45 pm - 5:00 pm Closing Remarks Tessa Chesher, DO



TOPICS & SPEAKERS

Expanding Access to Mental Health Care: Child Psychiatry Access Programs

Seema Shah, M.D.

Dr. Shah is a child and adolescent psychiatrist with over fifteen years of experience in models of integrated care that include both school and pediatric primary care settings. For four years, beginning in 2013, Dr. Shah helped start and develop an integrated behavioral health program for outpatient pediatric clinics affiliated with Children's Health in Dallas. She led a team of 2 clinical psychologists and over 10 social workers that provided behavioral health consultation, treatment, and education to 20 pediatric outpatient clinics that served approximately 80,000 children, most of whom were on Medicaid. Dr. Shah joined the Meadows Mental Health Policy Institute in 2017 and spearheaded the development of a Child Psychiatry Access Program (CPAP) for Texas, now called the Child Psychiatry Access Network (CPAN), which currently provides telehealth-based consultation and training to primary care providers across the state. Dr. Shah is on the Board of Directors for the National Network of Child Psychiatry Access Programs (NNCPAP) and is a member of the American Academy of Child and Adolescent Psychiatry (AACAP). She has presented nationally on the topic of behavioral health integration both at the American Psychiatric Association (APA) and AACAP. She completed her undergraduate degree at Northwestern University and earned her medical degree from the Medical College of Wisconsin. She completed her Adult Psychiatry Residency and Child and Adolescent Psychiatry Fellowship at Brown University. Dr. Shah is board certified in Child & Adolescent Psychiatry.

Creating Behavioral Health Systems in a Developmental Desert

Barbara S Saunders, D.O., F.A.A.P.

Dr. Barbara S. Saunders, a developmental-behavioral pediatrician, is on faculty at UMMC as an Associate Professor of Pediatrics and Chief of the Division of Child Development. She is a native of Montgomery, AL, and received her B.S. in biology from the University of Mobile (AL). She received her medical degree from Oklahoma State University College of Osteopathic Medicine and completed a pediatrics residency at Oklahoma State University Medical Center.

Dr. Saunders completed her developmental-behavioral pediatrics fellowship at the University of Arkansas for Medical Sciences, where she also earned a Graduate Certificate in Clinical and Translational Science. She is the Medical Director of the Center for Advancement of Youth and Executive Director of the Center of Excellence in Developmental Outcomes Research at UMMC. Dr. Saunders is active in medical student and resident education. She has expertise in developmental and behavioral disorders including autism spectrum disorder, intellectual disability, learning disabilities, disruptive behavior, ADHD, anxiety, and depression and is committed to improving the health and developmental outcomes of the children and families she serves at the CAY Center. Outside of clinic, Dr. Saunders is a passionate sports fan and particularly enjoys cheering on the Auburn Tigers, Atlanta Braves, and Green Bay Packers.

Panel 1: Working Together to Bridge the Gap

Swapna Deshpande, M.D.

Dr. Deshpande is board certified in Adult psychiatry as well as board certified in Child and Adolescent Psychiatry. Dr. Deshpande was also awarded the Fellow Status for the American Psychiatry Association (APA) in 2014 and distinguished fellow for American Academy for Child and Adolescent Psychiatry (AACAP) in 2020. She is currently the President of Oklahoma Council for Child and Adolescent Psychiatry, a regional branch for the national organization of AACAP. She was a faculty with University of Oklahoma, Health Sciences Center from 2010 -2020 and was the Child Psychiatry Fellowship Director from 2014 to 2020. She is currently an Associate Clinical Professor at Oklahoma State University. She is passionate about suicide prevention research and has created a procedural checklist for suicidal assessment called Suicide Risk Assessment Checklist in Children (SRACC). Dr. Deshpande has been active in increasing awareness and knowledge at local, state and national level. She has created a training module for SRACC that will help improve confidence and competence in suicide risk assessments. She has also served nationally on several committees. She was a past member of Child Abuse and Maltreatment and Violence Committee 2007 - 2011 and is currently a member for Complimentary and Integrative Medicine committee for AACAP.

TOPICS & SPEAKERS

Eve H Switzer, M.D., F.A.A.P.

Dr. Switzer is a general pediatrician who has been in private practice at Northwest Pediatrics in Enid for over 25 years. She received her medical degree from the University of New Mexico School of Medicine and completed her pediatric residency at the University of Texas in San Antonio. She is board certified in pediatrics and is a fellow of the American Academy of Pediatrics. Dr. Switzer is the current president of the Oklahoma Chapter of the American Academy of Pediatrics and recently served as Co-Chair of the AAP's National Nominating Committee. She is an adjunct professor at the Oklahoma State University Center for Health Sciences. In 2014, Dr. Switzer was appointed to the Federal Advisory Committee on Training in Primary Care Medicine and Dentistry by the U.S. Secretary of Health and Human Services. She also currently serves on the Board of Advocates for the Oklahoma Children's Hospital Foundation.

Substance Use Disorders: Short Brief Intervention & Referral to Treatment

Trevor Anderson, M.D.

Emily Fisher is the Residency Program Director for the University of Oklahoma School of Community Medicine Department of Emergency Medicine in Tulsa, Oklahoma. She is in her fourth year as Program Director, previously serving as Clerkship Director and Assistant Program Director. She works clinically at Hillcrest Medical Center in Tulsa, Oklahoma and at Hillcrest Hospital Claremore in Claremore, Oklahoma. She graduated from University of Chicago Pritzker School of Medicine and Cook County Emergency Medicine Residency. Her areas of academic interest include resident wellness and patient communication. She has two children, Leo, 4, and Maya, 1.5, and two energetic big dogs.

Understanding the Pediatric Mental Health Crisis in Rural Oklahoma

Sara Coffey, D.O.

Dr. Coffey is an Associate Clinical Professor of Psychiatry and Behavioral Sciences at the Oklahoma State University Center for Health Sciences. Dr. Coffey serves as the Director of Clinical Operations for the Oklahoma Department of Human Services, Division of Child Welfare.

Dr. Coffey is the behavioral health director for the OSU Health Access network and has served as a consultant to both the Oklahoma Health Care Authority and the Oklahoma Department of Mental Health. Dr. Coffey's interest includes trauma-informed care and integrated psychiatric service delivery. Dr. Coffey is currently the Chair of OSU Psychiatry.

Marjorie A Erdmann, D.O.

Dr. Marjorie Erdmann has served as a Director at the Oklahoma State University Center for Health Systems Innovation (CHSI) since 2014. She received her Master's degree in Marriage and Family Therapy from Oklahoma State University in 1994 and a Doctorate in Business Administration from Oklahoma State University Spears School of Business in 2022. Marjorie is also a Faculty Lecturer for the Spears School of Business. In pursuit of CHSI's mission to transform rural and Native American health, she leads research and implementation efforts to increase efficient access to primary care and mental health services - utilizing a combination of technology and care design. She believes that we can eliminate health disparities through service and product innovation. Marjorie has a 20-year history in health care spanning from providing direct care and program development to pharma sales, business development and insurance and work-comp contracting to consulting with health care companies, hospital systems, payors, and individual providers.

SAVE THE DATE

2023 VIRTUAL EMERGENCY MEDICINE REVIEW

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November 1–30, 2023

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ACCREDITATION INFORMATION

CONFERENCE OBJECTIVE

This course will provide pediatric mental health continuing professional education in an integrated environment to disseminate best practices and improve access to care for Oklahoma's children and families. At the conclusion of this activity, learners will be able to:

- Provide pediatric mental health continuing professional education in an integrated environment to disseminate best practices and improve access to care for Oklahoma's children and families.
- Educate participants on new Child psychiatry consultative program (OKCAPMAP) and increase OKCAPMAP participation and utilization.
- Increase collaboration between the behavioral health and primary care communities.

AOA

The Oklahoma State University College of Osteopathic Medicine is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

The Oklahoma State University College of Osteopathic Medicine designates this program for a maximum of 6 AOA Category 1-A credit(s), and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

AAFP

The AAFP has reviewed Bridging the Gap in Pediatric Mental Health Care, and deemed it acceptable for AAFP credit. Term of approval is from 04/28/2023 to 04/28/2023. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This session, Bridging the Gap in Pediatric Mental Health Care, is approved for 6 AAFP Prescribed credits.

AMA/AAFP Equivalency

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)[™] toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

Oklahoma State Board of Licensed Social Workers

The Oklahoma State University Center for Health Sciences Office of Continuing Medical Education (20231999) is a board approved CE provider and designates this program for a maximum of 6 CE credit(s).

Oklahoma State Board of Behavioral Health (LPC and LMFT)

The Oklahoma State University Center for Health Sciences Office of Continuing Medical Education is a board approved CE provider and designates this program for a maximum of 6 CE credit(s).

Oklahoma State Board of Examiners of Psychologists

Oklahoma State University is a board approved CE provider and designates this program for a maximum of 6 CE credit(s).

Oklahoma State Board of Pharmacy

This program has been evaluated and approved by the Oklahoma State Board of Pharmacy for a maximum of 6 hours of CE credit.

ACCREDITATION INFORMATION

OSU DISCLOSURES

Oklahoma State University Center for Health Sciences, College of Osteopathic Medicine in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246 as amended, Title IX of the Education Amendments of 1972, Americans with Disabilities Act of 1990, and other federal laws and regulations, does not discriminate on the basis of race, color, national origin, gender, qualified disability, religion, sexual orientation, gender identity, veteran's status, genetic information, or age in any of its policies, practices, or procedures. This includes but is not limited to admissions, employment, financial aid and educational services.

PROGRAM ATTENDEE NOTICE

For grievances, please contact our staff to report any problems you may have regarding facilities, program content, etc. Concerns about the program's compliance with the AOA Uniform Guidelines, please contact Ashley Groom, M.S., Director of Continuing Medical Education For any unresolved issues regarding compliance with the AOA Uniform Guidelines, you may contact the AOA:

**American Osteopathic Association:
Council on Continuing Medical Education
142 E. Ontario St., Chicago, IL 60611**

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